

# IPOH SWIMMING CLUB

## STANDARD OPERATING PROCEDURE FOR BADMINTON COACHING

IN COMPLIANCE WITH THE STANDARD OPERATING PROCEDURE BY MAJLIS KESELAMATAN NEGARA AND KEMENTERIAN BELIA DAN SUKAN, THE FOLLOWING SAFETY GUIDELINES WILL BE IMPLEMENTED IMMEDIATELY:-

### OPERATIONAL REQUIREMENTS

1. All members are requested to download the MYSEJAHTERA app and scan the displayed QR code before entering the Club.
2. All members will be required to undergo a contactless temperature check and health screening upon entering the Club. Members are not allowed to enter premise if their temperature reading is **37.5° C** or above and having any symptoms of sore throat, running nose, cough and breathing difficulties.
3. Members must wear a face mask before and after the sport activity.

### REQUIREMENTS BY MAJLIS KESELAMATAN NEGARA & KEMENTERIAN BELIA DAN SUKAN

1. **Approved opening and closing hours:** MONDAY TO SUNDAY:- 7.30A.M. - 11.00P.M.
2. **Booking and scheduling** are required for monitoring and audit records.
3. Coaches and members will have to observe **social distancing**.

### GENERAL RULES

1. Only **4** players allowed per court during training sessions.
2. Players waiting for their turn to strictly adhere to the social distancing requirements / sitting arrangements in the hall as set-up by the Club.
3. Training hours will be allocated **2 hours** per session.
4. Players adherence to rules, conducts and discipline to be under the supervision of the appointed coach.
5. Only registered members will be allowed to join.
6. Sharing of equipment is not allowed.

**Sub-Committee Members and Coaches have been empowered to ensure that all compliance to SOP is observed.**

**Spot checks will be done by Kementerian Belia dan Sukan on a regular basis. Failure to comply with the above SOP may result in the Club being fined and withdrawal of approval from MITI.**

By the Order of CENTRAL COMMITTEE

11<sup>th</sup> March 2021